

Trauma on Campus **Resource Guide**

Introduction

Since the October 7th massacre in Israel, antisemitism has raged through college campuses. We hope our two-part *Trauma on Campus* series (*Freedom of Speech v. Antisemitism; Examining the Israeli-Palestinian Protest Narrative*) has provided you not only with solid knowledge beyond what you've seen on TV and in social media, but also with a safe space to emotionally process the new and difficult realities that we as the Jewish people are facing.

The resources that follow should prove helpful in guiding you through these tumultuous times.

The WRJ Pacific District Program Committee
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Resources

--Anti-Defamation League:

Words to Action

<https://www.adl.org/words-to-action>

--American Jewish Committee:

AJC Action Plan for Confronting Campus Antisemitism; A Toolkit for University Parents

<https://www.ajc.org/UniversityParentsActionPlan>

AJC Confronting Campus Antisemitism: An Action Plan for University Administrators

<https://www.ajc.org/UniversityAdminActionPlan>

--The Jed Foundation:

Protecting Student Mental Health in the Face of Antisemitism and Islamophobia

<https://jedfoundation.org/protecting-student-mental-health-in-the-face-of-antisemitism-and-islamophobia/>

The Jed Foundation is a non-profit organization dedicated to protecting the mental health of young people.

--PEN America:

Campus Free Speech Guide

<https://campusfreespeechguide.pen.org/pen-principles>

PEN is a worldwide organization of accomplished writers that promotes freedom of expression.

--Project Shema:

Project Shema is a support and training group built by Zionist progressives to help Jewish communities cope with hatred in positive ways. For information on the Project's workshops, contact:

<https://www.projectshema.org/>

--Religious Action Center for Reform Judaism:

Mental Health Resources

<https://reformjudaism.org/reform-jewish-life/youth-family-community/mental-health-resources>